

Emotions & Feelings

How do you feel today?



A - How do you feel?

Match each beginning with the best ending in B. Write its letter in the gap. Use each ending once!

- 1- I'm happy because _____
- 2- I'm sad because _____
- 3- I'm afraid because _____
- 4- I feel lonely because _____
- 5- I'm disappointed because _____
- 6- I'm worried because _____
- 7- I'm confused because _____
- 8- I feel hurt because _____
- 9- I'm excited because _____
- 10- I'm bored because _____

B - What happened

- a) I have no one to talk to.
- b) I wasn't chosen for the school play.
- c) we are going on holiday tomorrow!
- d) my best friend has moved away.
- e) the instructions say opposite things.
- f) I have been waiting with nothing to do.
- g) there is a big spider next to me.
- h) my friends said unkind things about me.
- i) I'm having fun with my friends!
- j) I have a test tomorrow, and I am not ready.



C - Your turn

Write two true or imaginary sentences using different feelings.

1. I feel _____ because _____
2. I feel _____ because _____

